



36th Annual Adirondack Distance Run

Sunday, June 24, 2012

7:30 a.m.

Pre-Registration by mail or online through **areep.com**

No Race Day Registration-No Telephone Registration

Late registration and packet pick-up Saturday, June 23, 5:00-7:00 p.m.

Packet pick up only: Sunday, June 24, 6:00-7:15 a.m.

Lake George Firehouse, Lake George, NY

Last Name: _____ First Name: _____

Street Address: _____ City: _____ State: _____ Zip: _____

Sex: Male Female Date of Birth: _____ Age (Race Day): _____ T-Shirt Size: S M L XL (circle one)

USATF Adirondack Number: _____ email: _____ Tele No.: _____

USATF Adirondack Teams: See team application on line at www.adirondackrunners.org

More detailed Race information available at www.adirondackrunners.org

I know that participating in the Adirondack Runners events is a potentially hazardous activity. I agree not to enter and participate unless I am medically able and properly trained. I agree to abide by any decision of an event official related to my ability to safely complete the event. I am voluntarily entering and assume all risks associated with participating in the event, including but not limited to falls, contact with other participants, spectators or others, the effect of the weather, including heat and/or humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. I grant to the Adirondack Runners or its designee access to my medical records and physicians, as well as other information, relating to medical care that may be administered to me as a result of my participation in this event. Having read this Waiver and knowing these facts, and in consideration of your acceptance of this application, I, for myself and anyone entitled to act on my behalf, waive and release the Adirondack Runners, Road Runners Club of America, the Village of Lake George, Town of Bolton Landing, County of Warren and their agencies and departments and all sponsors and their representatives and successors from present and future claims and liabilities of any kind, known or unknown, arising out of my participation in this event or related activities even though such claim or liability may arise out of negligence or fault on the part of any of the foregoing persons or entities, I grant permission to the foregoing person and entities to use or authorize others to use any photographs, motion pictures, recordings or any other record of my participation in this event or related activities for any legitimate purpose without remuneration.

Signature: _____ Date: _____

Signature of Parent/Guardian (If under 18): _____ Date: _____

Entry Fees Before May 20	Entry Fees After May 20
General Entry Fee: \$30	General Entry Fee: \$35
Adirondack Runner or USATF Adirondack Member..... \$25	Adirondack Runner or USATF Adirondack..... Member \$30

No refunds or roll over of entry fees

Mail to: ADK Distance Run
c/o AREEP
PO Box 38195
Albany, NY 12203

Course is certified to be accurate by USATF/RRTC-Certification number NY07058J6